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Zürich, April 19, 2026

Protection and Preservation of the Panditarama Meditation Center in Lumbini (Nepal)
Project for Noise Reduction and Securing the Monastery Grounds

Dear Sir or Madam, dear Yogini, dear Yogi

A special place

The Panditarama Meditation Center is located in the monastery area of Lumbini in Nepal, the birthplace of Gautama Buddha. This area, known as the “Lumbini Project Area,” is part of the UNESCO World Heritage Site and is an important place for pilgrims and visitors from all over the world.

In this special environment, the meditation center offers people from different countries and life contexts the opportunity to learn and practice Vipassana meditation – a millennia-old method of mental development from the Buddhist tradition.

Many participants report that after their stay they bring more inner peace, clarity, and compassion into their personal and professional environments. In this way, individual practice often extends far beyond the individual and creates positive impulses in families, communities, and workplaces.

For this practice to remain possible, a quiet and protected environment is essential.



The current situation

The grounds of the meditation center were originally protected by a wall approximately two meters high. Due to the significantly elevated construction of a road in the southwestern area of the grounds, the outside of the wall is now at the same level as the road. As a result, the wall has largely lost its original protective function.

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The road is frequently used by pilgrims and tourist groups visiting the historical sites. The traffic leads to additional noise and pollution in the immediate surroundings of the meditation center. In addition, waste repeatedly enters the monastery grounds.

Occasionally, people jump from the road into the garden area of the monastery to pick fruit or take other items, and then leave the premises again via the road.

In the southern part of the grounds, an informal parking and transfer area has also developed. Rickshaws often stop there, with drivers waiting for passengers. Loud music is frequently played over speakers, creating additional noise disturbance.

These developments increasingly make it difficult to maintain the quiet atmosphere that is essential for meditation and inner reflection.

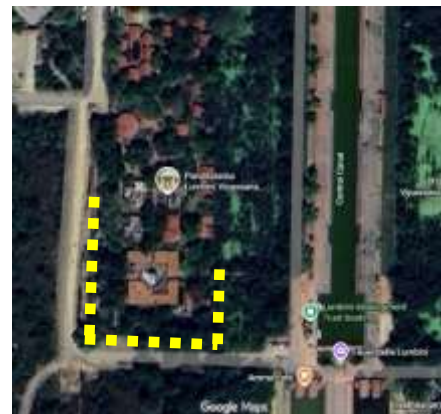
The project

Following an on-site assessment during my visit at the beginning of 2026, as well as consultation with the head of the meditation center, Sayadaw U Vivekananda, a practical and relatively cost-effective solution was examined.

It became clear that raising the existing wall in the particularly affected southern part of the grounds could significantly improve the situation. A higher wall would help to:

- reduce noise
- prevent waste from entering
- make unauthorized access more difficult
- better protect the necessary quiet for meditation practice

The plan is to raise the existing wall by about **four feet (approx. 1.2 m)** over a length of around **250 meters** (yellow marking in the photo).



The total cost for materials and construction is currently estimated at approximately **CHF 13,000** (approx. EUR 14,000).

With a donation of just CHF 52, you can fund one meter of the wall!

Your support

With your support, this project can be implemented promptly and help preserve a place of peace and inner development in the long term.

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As a token of appreciation, donors – if desired – will be mentioned by name on a plaque installed along the raised wall.

In order to issue a donation receipt for your contribution and make it tax-deductible, I will process the financial aspects of the project through the non-profit organization AMT FÜR AUFBAU.

Thank you very much for your interest in this cause and for your support. With your contribution, you help preserve a protected space that enables people from all over the world to develop mindfulness, clarity, and responsible action.

Zürich, April 19, 2026

Michael Meyer



Possible placement of the plaque: In many Eastern cultures, it is common to install such plaques of gratitude.

Sayalay V Bhaddamanika



Sayadaw U Vivekananda



Bank details for direct transaction:

AMT FÜR AUFBAU, Im Heimgärtli 12, 8047 Zürich

Zürcher Kantonalbank Switzerland
IBAN CH55 0070 0110 0017 1904 3
SWIFT ZKBKCHZZ80A

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Scan the QR code to view the project's donation progress

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Donation Progress
(website AMT FÜR AUFBAU)



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